## **Living with COVID: JHI webinar 6the Feb - SOURCES**

## **Is it possible to get Covid twice?**

Yes, it is possible to get Covid multiple times, particularly now the Omicron variant has become dominant.

<https://inews.co.uk/news/health/omicron-can-get-twice-covid-reinfection-catch-after-delta-variant-explained-1388656?ico=in-line_link>

Recent Analysis by the UK Health Security Agency (UKHSA) showed that around one in 10 people with the Omicron variant in England had previously contracted Covid-19.

<https://inews.co.uk/news/one-in-ten-people-omicron-england-previously-contracted-covid-19-hsa-1369141?ico=in-line_link>

## **Do past infections protect against being infected with Omicron ?**

No- Studies into Omicron have suggested that previous Covid infection provides poor protection against the new strain.

<https://www.imperial.ac.uk/news/232698/omicron-largely-evades-immunity-from-past/>

**Protections levels of Different Masks**

<https://www.cdc.gov/mmwr/volumes/71/wr/mm7106e1.htm>

**Anti Viral Medications**

Sotrovimab: a medicine that treats coronavirus (COVID-19) - NHS (www.nhs.uk)

<https://www.nhs.uk/medicines/sotrovimab/>

Molnupiravir: a medicine to treat coronavirus (COVID-19) - NHS ([www.nhs.uk](http://www.nhs.uk))

<https://www.nhs.uk/medicines/molnupiravir/>

**Long Covid**

What is long covid?

<https://www.yourcovidrecovery.nhs.uk/what-is-covid-19/long-covid/>

Long-term effects of coronavirus (long COVID) - NHS (www.nhs.uk)

<https://www.nhs.uk/conditions/coronavirus-covid-19/long-term-effects-of-coronavirus-long-covid/>

Your COVID Recovery

<https://www.yourcovidrecovery.nhs.uk/>